



The Personal Coach BULLETIN

balance through partnership

111- 460 Kenaston Blvd
Winnipeg, MB R3N 1Z1

office: 204.489.9534
cell: 204.782.1362

email: james@coachladd.com
web: www.coachladd.com

December 2, 2008

www.coachladd.com

COACHING POINT

LIFE IS TOO SHORT TO BE LIVING SOMEONE ELSE'S DREAM

Are you working for someone else's dream when you have one of your own? For years I did and didn't like it. In fact it made me crazy sometimes, I even thought myself a coward for not acting!

When reflecting back to that time, I realize I did not have the courage to break out and away from what I perceived as an oppressive, unfulfilling and controlling work environment. A work environment run by people who had their own agendas with little or no motivation or understanding much less concern or regard for how to create the kind of climate that encouraged personal and professional growth.

Yes, I had a dream but I needed a push and thankfully (although I did not know it at the time) it came in the form of a lay-off after 18 years of fighting to keep my head above water, staying afloat in a sea of conformity and mediocrity.

Oh, I don't know, perhaps more than anything else it was safe, secure even predictable. If I kept my head down and complied, I could last till retirement. But the problem was that it would require me to compromise my values and in the process never have my need for growth and fulfillment met. I could postpone the "need gratification" temporarily but I would not compromise my values, the very essence of who I was....with a push I took the leap and here I am today, doing what it turns out was what my whole life has been leading me too. And quite frankly, looking back I cannot figure out what all the fuss was about!

I believe that I have a pretty unique perspective on how short life can be having traveled a road less traveled and survived, at least for awhile, and can say with much conviction that; "life is too short to be living someone else's dream."



The clock is ticking down on your life. Will you look back one day with regret and "what ifs" or with an incredible sense and feeling of accomplishment and gratitude in life for having had the courage, vision and the intestinal fortitude to work like you have never worked before to realize your dream?

Never lose sight of what life is really all about; it's about the quality of your journey and what it teaches. You should always have a destination in mind before you set out on that journey, but be mindful of the trip and stops along the way, otherwise one's life becomes no more than a series of random, scattered events that may or may not lead to fulfillment.

Life is about a lot more than experiences repeated, never mind the excuses, what are you waiting for, someone to hand it to you? Fight through your fear, find your courage and chase your dream!

James Ladd

Your Personal Coach

"One extends one's limits only by exceeding them." Scott Peck



James Ladd, Coach

ACHIEVE BALANCE THROUGH STRATEGIC COACHING:

One On One Coaching
One on one support to achieve balance in your life.

Group Workshops

Customized workshops and seminars for the Workplace.

**Emotional Intelligence
Personality
Stress
Motivation
Change**

Speaking Engagements

Luncheons, Dinners, In-office Meetings

Self- Study

The Personal

Transformation Guide @

Unearths who you are and how you impact the world around you, ultimately leading toward change and personal growth.

(Available to Purchase)

**More Information on
my Website;
www.coachladd.com**

If you are interested in investigating the possibility of having your own personal coach, please contact me for a one hour exploratory session at no charge!
james@coachladd.com
or **489-9534**